

**Srca: a scale for the detection of self-injurious behaviours development of the scale and psychometric analysis.**

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Self-injurious behaviour is defined as an aggressive behaviour against one's own body; it's a large and complex phenomenon which has recently made the object of specialized literature. Self-injurious behaviours are usually assessed either with assessment scales that generally focus on inappropriate behaviours (DASH-II, BPI-01), or with specific instruments (TSIBS, SIT).

The SRCS (Scale for Detection of Self-Injurious Behaviours) is a scale that assesses – systematically and in detail – self-injurious behaviours, taking simultaneously into consideration several variables, such as: body locations, type of behaviours, behaviour occurrence rate, support required.

The psychometric analysis of this scale showed positive reliability and validity results.

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